

LAKE BALBOA NEIGHBORHOOD COUNCIL

Health & Public Safety Committee &

LBNC Meeting

AGENDA

This is an open meeting for all persons interested in Health & Public Safety Issues and Campaigns in Lake Balboa and the San Fernando Valley

SATURDAY JUNE 17, 2017

10:00 AM – Meeting Start

**The Flyaway - Community Meeting Room – 2nd Floor
7610 Woodley Ave (NE Corner of Saticoy & Woodley)
Free Parking-short term lot in spaces close to Woodley**



Neighborhood Council



The public is requested to fill out a “**Speaker Card**” to address the Board on any item of the agenda prior to the Board taking action on an item. Agenda is posted for public review at Ralph’s Market, 17250 Saticoy St.; and online. As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and upon request, will provide reasonable accommodation to ensure equal access to its programs, services, and activities. Sign language interpreters, assistive listening devices, or other auxiliary aids and/or services may be provided upon request. To ensure availability of services, please make your request at least 3 business days (72 hours) prior to the meeting you wish to attend by contacting (213) 978-1551 or toll-free at (866) LA HELPS, or email ncsupport@lacity.org

Out of an abundance of caution due to the expected attendance and participation of a majority of Board Members at the following Committee meeting, this agenda is noticed as a Joint Meeting of the Committee and the Board, in adherence with the State’s Brown Act.

1. **WELCOME: 10:00 AM PLEASE SIGN IN.**
2. **OPENING REMARKS: James Brown, 1st VP, LBNC & Chair – Health & Public Safety Committee**

ATTENDEE INTRODUCTIONS

IMPROVING SURVIVAL RATES OF VICTIMS OF SUDDEN CARDIAC ARREST

WHY IMPROVING BYSTANDER CPR PARTICIPATION IS CRITICAL

WHY DON’T MORE PEOPLE LEARN TO USE CPR?

- a. **Fear of Hurting Someone**
- b. **Fear of Legal Liability & Possible Law Suit**
- c. **Fear of Using Certain CPR Techniques**
- d. **Don’t Know How to perform CPR**
- e. **Sudden Cardiac Arrest will never happen to me – I’m too Young**

GET IMPORTANT INFORMATION FOR PARENTS, CAREGIVERS & ANYONE WHO LOOKS AFTER CHILDREN

IT’S A NEW STATE LAW – CPR TRAINING IS NOW A GRADUATION REQUIREMENT FOR ALL HIGH SCHOOL & CHARTER SCHOOL STUDENTS GRADES 9-12

5 POTENTIALLY LIFE-SAVING NOTES TO REMEMBER ABOUT THE NEW C-A-B METHOD OF CPR

3. **INTRODUCTION OF SPECIAL GUEST: RYAN STEVENS Training & Business Development Manager – Training Solutions – Top Rated American Heart Association Certified Training Organization**

- a. **FREE FIRST AID/CPR & AED TRAINING FOR MEETING ATTENDEES: ADULTS & TEENS/YOUNG ADULTS (12-18 YRS)**
- b. **AMERICAN HEART ASSOCIATION APPROVED Step-By-Step Instruction**
- c. **AED (AUTOMATED EXTERNAL DEFIBRILLATOR) – *THE LIFE SAVER***
- d. **FIRST AID TRAINING FOR CHOKING VICTIMS - INFANTS, CHILDREN & ADULTS**

Lake Balboa Neighborhood Council

P.O. Box 7720, Lake Balboa, CA 91409 -- Voicemail (818) 779-9026

Visit our website: www.LakeBalboaNC.org

- e. SIGNS & SYMPTOMS OF HEART ATTACK AND STROKE – WHAT’S THE DIFFERENCE? IN MEN? IN WOMEN? IN CHILDREN?
- f. **THE HEART ATTACK GENDER GAP –HEART ATTACKS STRIKE MEN AT YOUNGER AGES THAN WOMEN. BUT SURVIVAL RATES ARE WORSE IN WOMEN. WHY?**

***Optional American Heart Association First Aid/CPR/AED Certification (from training provider) will be available (after the meeting) at special pricing: \$25/Adult (Regular Price: \$55); \$10/Teen & Young Adult (Regular Price: \$35) for persons who need to show proof of training.**

RECEIVE FIRST AID/CPR/AED WALLET CERTIFICATION CARD VALID FOR 2-YEARS

- 4. PUBLIC COMMENT – On non-agenda items
- 5. Adjournment.

QUESTIONS? Contact: James Brown, Chair – LBNC Health & Public Safety Committee
Email: jamesb@lakebalboanc.org or call: 818-517-6732

*Take the elevator INSIDE the building (north end) up to the 2nd floor, or the steps OUTSIDE the building. There's plenty of FREE PARKING out front in the spaces closest to the street.

The Next Regular Meeting

Saturday July 15, 2017 - Meeting starts 10:00 am

Please be advised that the Bylaws of the Lake Balboa Neighborhood Council provide a process for reconsideration of actions, as well as a grievance procedure. For your convenience, the Bylaws are available on our website: www.LakeBalboaNC.org.

In compliance with Government Code section 54957.5, non-exempt writings that are distributed to a majority or all of the board in advance of a meeting, may be viewed at our website by clicking on the following link: www.lakebalboanc.org, or at the scheduled meeting. In addition, if you would like a copy of any record related to an item on the agenda, please contact ruth@lakebalboanc.org our current secretary.

